

Get Ready to Visit the Dentist!

Talk Together

What are some things that might happen during a visit to the dentist?

Your child might respond:

- Count and check all of my teeth.
- Clean my teeth.
- Paint fluoride varnish (like a special vitamin) on my teeth to keep them strong and healthy.
- Take pictures of my teeth, called x-rays.



The dentist can stop small cavities from getting big by treating them early. That's why going to the dentist needs to be an important part of taking care of your child's health!

Take the Healthy Mouth Challenge!

I will:

- Schedule treatment appointment that my child needs.
- Talk with my child's teacher if I feel nervous about taking my child to the dentist.
- Use the "Let's Get Ready to Go to the Dentist" checklist.

