

# Dental Visits Are Important

## Did you know?

- It is important for your child to get his first dental visit when his first teeth come in or by his first birthday. **After a child's first visit it is important for him to get regular checkups.**
- During a dental visit, a provider may:
  - Count your child's teeth.
  - Check your child's teeth for cavities and if any are found, treat them.
  - Paint fluoride varnish to your child's teeth.



## Take the Healthy Mouth Challenge!

### I will:

- Make an appointment for my child's dental checkup!

My child's first dental visit is scheduled with \_\_\_\_\_  
(Dentist or Medical Provider Name)

on \_\_\_\_\_ at \_\_\_\_\_  
(insert date) (insert time)

- Remember to bring my insurance card, photo ID and money for co-payment (if needed) to my child's dentist appointment.
- Arrive 15 minutes early to complete paperwork.
- Bring some small toys or a book for my child to play with during the waiting time.

