

Sometimes Accidents Happen

If a baby tooth is knocked out:

- If your child knocks out a baby tooth, take him and the tooth to the dentist right away.
- The tooth cannot be put back in, but the dentist can determine whether any care is needed.

If a permanent tooth is knocked out:

- Pick up the tooth by its biting end (not the root). Do not wash or handle it. Gently rinse it with milk (if available), and place the tooth back in the hole in the gum until you can get to the dentist.
- If the tooth cannot be put back into the hole, place it in a container of cold milk.
- Take the child and the tooth to the dentist immediately.

If a tooth is broken:

- Save tooth fragments you can find and place them in a cup of milk or water.
- Rinse the injured tooth and area with warm water to remove dirt and debris.
- Place a clean, cold compress on the injured area.
- Take the child and the tooth fragments to the dentist immediately.

Take the Healthy Mouth Challenge!

I will:

- Keep my dentist's name and phone number handy in case of an emergency.

- My dentist's name: _____

- My dentist's phone number: _____

- Office hours: _____

